



Chocolate indulgence from the Chocolate Espresso Walking Tours.

FOR FOODIES

Sydney boasts a variety of local multicultural communities that lie beyond the beaten track. Enjoy authentic cuisine on a **Gourmet Safari** tour. Set up by food author and TV presenter Maeve O'Meara, Gourmet Safaris will have even the most food-savvy enjoying new eating experiences. Delve into another world by exploring one of Sydney's many gastronomic

microcosms, from the Italian treats in Haberfield to the Greek delights of Marrickville. If you really want to tantalise your tastebuds, opt for a World in a Day tour (\$100). Sample the syrupy treats of a Lebanese pastry shop where the handmade filo pastry makes for melt-in-the mouth baklava and the homemade pistachio gelato is to die for. Taste the best chorizo sausage outside Chile at a family-run South

American butchery. Stock up on rice and exotic spices at an Indian spice warehouse. Visit a Maltese pastizzi maker and enjoy a healthy, leisurely lunch at Sydney's only Iraqi restaurant. Apart from the food, what makes these tours so enjoyable is the people, with many of the businesses steeped in family history and traditional culture. Make sure you bring some green bags to carry all the goodies you won't be able

to resist. The bus has Eskys on board for perishable stuff. Visit www.gourmetsafaris.com.au.

Sweet-tooths and coffee connoisseurs will love Sydney's new **Chocolate Espresso Walking Tours**. Meet Sydney's top baristas, learn the difference between mocha and macchiato and taste your way through chocolate history. Depending on the day of departure, the tour meanders through the CBD or retail district of the city. Highlights include Haigh's Chocolates, Coffee Philosophy by Mocopan, Lindt Concept Store and Cafe, Max Brenner — Chocolate by the Bald Man and The Tearoom in the beautiful Queen Victoria Building. Tours take two-and-a-half hours and cost \$44, which includes coffee, chocolate tastings and sampling notes. Visit www.chocolateespresso.com.au.